



HEALING
earthTM

TRANSFORMATIVE
wellness

SLOW BEAUTY • SLOW FOOD • SLOW LIVING



HEALING EARTH WELLNESS RETREAT AT MARIJANI ZANZIBAR

We invite you to embark on our holistic wellness journey and discover a profound peace within - a safe place of tranquility in the sanctuary of our healing space on the east coast of Zanzibar.

We believe in continuous nourishment, protection and harmony of the self, inspiring each guest in the pursuit of a deeper rejuvenation and total mind and body connection during their time with us.

This balance can only be found through the holistic care of all aspects of being - body, mind and spirit.

Inspired by the natural abundance of Zanzibar and its spices, we have created signature treatments implementing the powerful natural plants, herbs and oils of the island.

Our lovingly curated journeys serve as outer expressions of your inner journey, inducing a state of complete relaxation while creating optimum results with the best possible natural ingredients.

Two of our therapy suites are equipped with a jacuzzi and a beautiful view.



SIGNATURE SPA JOURNEYS

Ocean Retreat

120 min | \$140

Inspired by the Healing Earth Ocean range, this tranquil experience is performed in our ocean villa with your own double jacuzzi bath. This treatment is used as a ritual to balance, revitalize and cleanse with power of your choice in oils to intuitively choose from, while also choosing your affirmation card. Enjoy a full-body exfoliation with a deeply relaxing 60 minute massage using holistic knowledge or energy rebalancing, the power of Manuel lymph drainage and complete rebalancing and stress relieving techniques.

Me Time Ritual

120 min | \$120

This holistic, self-nurturing experience includes a mineralizing Himalayan crystal salt full-body scrub for deep detoxification, followed by a holistic cleansing ceremony and a naturally nurturing relaxing full body oil massage using a bespoke blend of uniquely prepared Marula & Neroli aromatherapy and botanical oils. Your 'me time' will include a mini facial using our gentle antioxidant-rich Pinotage facial therapy, allowing you to be rejuvenated from head to toe. Packed with powerful polyphenols and multivitamins, your skin is left feeling and looking as hydrated as ever.

Healing Earth Awakening Journey

140 min | \$140

A journey that connects you to nature. Be led into a state of stillness, breathing life into your body and spirit through a gentle, rhythmic full-body exfoliation using the rich ingredients inspired by Africa, using our Coffee, Cinnamon & Orange range to ensure a complete cleanse and detoxification. Followed by a full body aroma-therapeutic massage, followed by a crystal infused facial massage and an energy-soothing scalp treatment. Ending off with a relaxing session in our jacuzzi overlooking magnificent views to complete the journey.

African Goddess

180 min | \$165

Enjoy sacred alone time and realign your balance from head to toe. A luxurious pure radiance facial including a warm African Potato Balm head massage. Finish with a massage of your choice to release tension, and choose a full manicure or pedicure to leave you feeling renewed.

Couple Celebration

120 min | \$220/couple

Let the stunning scent and gentle texture of Marula and Neroli inspire your love with this sensual full-body exfoliation & wrap, followed by a relaxing full-body massage using a unique blend of African oils and balms to connect, indulge and inspire. Ending off with a relaxation session in our jacuzzi with a beautiful ocean view, allowing you to feel and embrace the connection between yourself and the nature which surrounds you.



MASSAGE RITUALS

D'vine Pinotage Vineotherapy Massage

60 min | \$65

90 min | \$90

Unique to the Healing Earth brand, our oils are derived from the most powerful grapes, husks and seeds to preserve their vitamin-rich concentration. Choose from our relax and destress, hydrating and conditioning, and uplifting and energising Pinotage oils. Focusing on relieving stress and muscle tension, this antioxidant rich treatment will help boost circulation and the immune system. The active blend of natural botanicals and Pinotage grape seed will also help you to de-stress and unwind.

Heal & Repair African Potato Massage

90 min | \$110

A highly moisturizing and regenerative massage using our multiple award-winning famous African Potato Balm for nourishing, renewing and bringing life back to the skin after sun damage or other environmental exposure.

Muscle Melt

60 min | \$75

90 min | \$95

A deeply releasing massage with cooling peppermint and soothing aloe vera.

Afro Hot Stone Massage

Back, neck & shoulders only

45 min | \$70

60 min | \$70

90 min | \$90

This exotic, earthy treatment involves placing heated volcanic/basalt stones on the body to rebalance body, mind and soul. An African ritual using specially blended shea butter. Its vitamin-rich, moisturizing, antioxidant and anti-inflammatory properties will leave you in a state of bliss.

Swedish Massage

60 min | \$70

90 min | \$90

A blend of Swedish massage techniques invigorates the muscles, energises, stimulates blood circulation and releases tension.

Back, Neck & Shoulder Massage

45 min | \$55

Enjoy a targeted deep-tissue massage to relieve the build-up of tension in the upper body.



FACIAL THERAPY

High Performance Anti-Ageing

90 min | \$95

A revolutionary, non-invasive treatment using state of the art micro-current equipment for maximum absorption of cutting edge ingredients using the latest tri-enzyme peptide anti-ageing technology. The skin is firmed and rejuvenated using a unique formulation that deeply penetrates without affecting the skin barrier function, visibly improving signs of aging and leaving your skin looking radiant, plump and firm. Accompanied by a two-mask signature facial.

Revive and Renew

60 min | \$70

We harness the power of the bioidentical active ingredients of neroli, rose, marula, ylang ylang to create an invigorating experience for tired and uneven skin. Complimented with a signature lymph-drainage massage for a glowing, energized completion.

Pure Radiance & Hydration

60 min | \$70

A unique aromatherapy formulation to relax, purify and hydrate. Pure extracts of marula and neroli combined with a rosehip booster supports your skin's collagen production by using a specialized exfoliation technique, and stimulates the elasticity of your skin with a uniquely created facial massage leaving your skin with a radiant glow.

Gentleman's Facial

60 min | \$65

A deeply cleansing, exfoliating and balancing treatment for the modern man to soothe, restore and energize. Complimented with our famous African Potato Balm massage.

Sun Damage Repair

60 min | \$79

A soothing, reviving face mask with our multiple award-winning African potato balm and pure aloe vera to help your skin recover from extensive sun exposure.

Add on: Pure Shea Butter hair mask with Indian massage

30 min | \$39



SOUL OF THE EARTH

Mix & Match Package

90 min | \$90

Speak to our spa manager about mixing and matching a package for you to suit your needs.

Pick any 3 treatments between:

30 min facial

30 min back relief

30 min leg and foot relief

30 min manicure

30 min foot massage

30 min head massage

30 min back exfoliation

30 min jacuzzi

Choose any body wrap

30 min | \$35

Marula & Neroli – relaxing and hydrating

Kalahari Melon – deep hydration

Coffee, Cinnamon & Orange – tighten, firm and detox

Mongongo Nut - detox

Choose any body polish

30 min | \$35

May be added to any treatment to create your own desired journey with Healing Earth.

Marula & Neroli – relaxing and hydrating

Kalahari Melon – deep hydration

Coffee, Cinnamon & Orange – tighten, firm and detox

Mongongo Nut - detox

Himalayan Salt - exfoliation (ideal for male guests)

Sun Damage Repair

60 min | \$70

A soothing, reviving body mask with our multiple award-winning African potato balm and pure aloe vera to help your skin recover from extensive sun exposure.

Add on: Pure Shea Butter hair mask with Indian massage

30 min | \$39

A white jar of Healing Earth balm is the central focus, surrounded by a variety of fresh flowers and greenery. The jar has a white lid with the brand name 'HEALING earth' printed in green. The background is a warm, light brown surface. The flowers include several large, vibrant red and orange proteas, smaller purple flowers, and delicate white blossoms. The greenery consists of long, narrow leaves and succulent-like plants with thick, rounded leaves.

HEALINGTM
earth

Restorative balm with a cocktail of
ingredients to quench thirsty skin.

100ml
www.healingearth.co.za

Product of South Africa - Manufactured by
Healing Earth, 20, Box 177, Cape Town, 8000

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HANDS AND FEET

Handprint Celebration

60 min | \$55

A classic treatment involving reshaping the nails, neatening the cuticles and massaging the hands for moisture and nourishment. Finished with a fresh coat of lacquer.

Footprint Celebration

60 min | \$60

The feet are soaked, skin gently exfoliated, cuticles are perfected and toenails are clipped, shaped, buffed and polished. Finish off with a nourishing foot massage and a fresh coat of nail lacquer.

Hand and footprint celebration

60 min | \$60

Melt away stress and rejuvenate tired hands and feet with a mini manicure and pedicure to soften, hydrate and pamper.

Nail varnish [hands] \$20

Nail varnish [feet] \$20

Gel add-on \$25

Leg Relief Massage

45 min | \$45

Begin with a full foot ritual, including a foot soak, wash and polish, to leave you feeling refreshed. Followed by a lymphatic drainage massage to relieve tired legs and feet. Enhanced with a circulation-boosting detox gel.





WAXING

Full leg	60 min \$60
Half leg	40 min \$40
Bikini	30 min \$35
Brazilian	40 min \$40
Back	45 min \$45
Chest	30 min \$35
Underarm	30 min \$35
Upper Lip	\$15
Chin	\$15
Brows	\$15



LEMON VERBENA & ARGAN OIL
hand & body lotion

HEALING
earth

3.38 oz | 100 ml

Alternative: Aloe, Shea, (Grape) Leaf, Chimonensis, Citrus, Glycerine, Lavender, Lemongrass, Peppermint, Tea Tree Oil, Vitamin E, Ylang Ylang



SPA ETIQUETTE

SPA ENVIRONMENT

We pride ourselves on our tranquil and serene environment, and we take all measures to ensure this kind of environment is maintained at all times. We therefore kindly request that guests switch off or silence their mobile phone, and keep their voices to a minimum volume to ensure the spa experience is at its best for all guests.

SPA CANCELLATION POLICY

Treatment times have been scheduled for you. If you must reschedule or cancel any spa appointments or packages, please notify the spa 24 hours in advance. Missed appointments without proper notices are subject to a 100% charge for reserved services.

CHILDREN POLICY

We welcome all guests to Healing Earth Wellness Retreat at Marijani Zanzibar, but children must be accompanied or be under parental supervision at all times.

SPA TREATMENT PAYMENT

All staying guests have the option to have their treatment be added to their room charges. We also accept all major cards the spa. Please note: **No cash payments will be accepted.**

POST SPA TREATMENTS

We highly recommend that you wait a minimum of 12 hours before having any sun exposure - particularly after a facial or a depilatory treatment.

SPA ARRIVAL

We recommend that you arrive 15 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. We require you to fill in a Guest Consultation Form advising us of any medical history and concerns in order for us to tailor your treatment experience. Please note: **late arrivals may result in a reduction of your treatment experience.** Please be sure to **leave all your valuables in your villa.**

We recommend that you shower before your treatment to enhance benefits of lymphatic and blood circulation. Male guests are advised to shave before any facial treatments to ensure the best results.

To contact the spa use the extension 305.

www.healingearth.co.za

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